

**Powerful Prayer**  
*Five Foundations for Life – Part 1*  
Full Life Church – January 3, 2010  
Pastor Dan Walker

Matthew 18:19 (NIV) Again, I tell you that if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven.

Psalm 90:12 (NIV) Teach us to number our days aright, that we may gain a heart of wisdom.

James 5:16b (NIV) The prayer of a righteous man is powerful and effective.

Matthew 6:9 (NIV) This, then, is how you should pray: ...

## **1. Praise God**

Matthew 6:9 (NIV) 'Our Father in heaven, hallowed be your name, ...'

Psalm 148:13 (NIV) Let them praise the name of the Lord, for his name alone is exalted; his splendor is above the earth and the heavens.

Psalm 52:9 (NIV) I will praise you forever for what you have done; in your name I will hope, for your name is good. I will praise you in the presence of your saints.

## **2. Pray for others**

Matthew 6:10 (NIV) your kingdom come, your will be done on earth as it is in heaven.

## **3. Request help**

Matthew 6:11 (NIV) Give us today our daily bread.

Matthew 6:33 (NIV) But seek first his kingdom and his righteousness, and all these things will be given to you as well.

## **4. Ask for forgiveness**

Matthew 6:12 (NIV) Forgive us our debts, as we also have forgiven our debtors.

Matthew 6:14-15 (NIV) For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.

## **5. Seek protection**

Matthew 6:13 (NIV) And lead us not into temptation, but deliver us from the evil one.

1 Peter 5:8 (NIV) Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour.